## **Copper Harbor Collegiates**

### Hosted by Michigan Tech Cycling

# September 26<sup>th</sup> and 27<sup>th</sup>, 2009

Held under USAC Permit #2317
All USAC Rules Apply – Annual Collegiate license or collegiate one day license required to race.

#### Contact Info:

Andrew Ignasiak (906) 281-3646 atignasi@mtu.edu

Schedule of Events: all races are Eastern Standard Time.

Race Entry Fee: \$13 per event- includes \$3 rider Insurance surcharge

Saturday: Registration: opens 12:00 pm

<u>XC</u>

_	Men C/D	1:00 pm	1 Lap
_	Women B	1:05 pm	1 Lap
_	Men A	3:00 pm	3 Laps
_	Men B	3:05 pm	2 Laps
_	Women A	3:10 pm	2 Laps

**Sunday:** Registration: opens 8:00 am

#### **STXC**

_	Men A	9:00 am	20 min + 2 laps
_	Women A	9:30 am	20 min + 2 laps
_	Men B	10:00 am	15 min + 2 laps
_	Women B	10:30 am	15 min + 2 laps
_	Men C/D	11:00 am	15 min + 2 laps

#### Super-D

- Men A 12:00 pm
- Men B after last Men A racer,
- Women A after last Men B racer,
- Men C/D after last Women A,
- Women B

#### **Course Description:**

**XC-** The course is approximately 9.1 miles long. It will start with a short lead-out on pavement, and transition to a two-track climb. From there, the course will climb and descend on a mix of two-track and singletrack. Racers will reach a maximum elevation about 2/3 of the way through the course; with the remaining portion of the course consisting of a long singletrack descent down to the start area, with a small and short climb at the end.

**STXC-** This course is approximately 0.45 miles long. The course is all two-track across a field. There is minimal climbing, so racers will be quickly forced into an anaerobic state. Cornering skills will be crucial to maintain speed.

**Super D-** This course is approximately 2 miles long, and will be run in in time-trial format. Self-seated racers will start in 30 second intervals, heading straight into singletrack with a short descent and climb. They will then ride a flat section for a short distance and begin a descent that features short steep sections and multiple switchbacks. A short section of two-track will bring the racers to a longer section that has great flow and is easy to carry speed. Next a short, steep climb brings racers up into a rolling section before the final descent.

#### **Directions**

Follow US-41 north until Copper Harbor. Turn right at the stop sign when entering town. The park is on the right about 4 blocks from the intersection.

Registration will be held at the park located adjacent to the Visitor's Center.

### Lodging

Loug	Brockway Inn	906.289.4588		
	Harbor Lights Inn	906.289.4741		
	King Copper Motel	906.289.4214		
	Lake Fanny Hooe Resort and Campground	800.426.4451		
	Mariner North Resort	906.289.4637		
	The Pines Resort	906.289.4222		
Camping				
	Fort Wilkins State Park	800-447-2757		
	Lake Fanny Hooe Resort and Campground	800.426.4451		